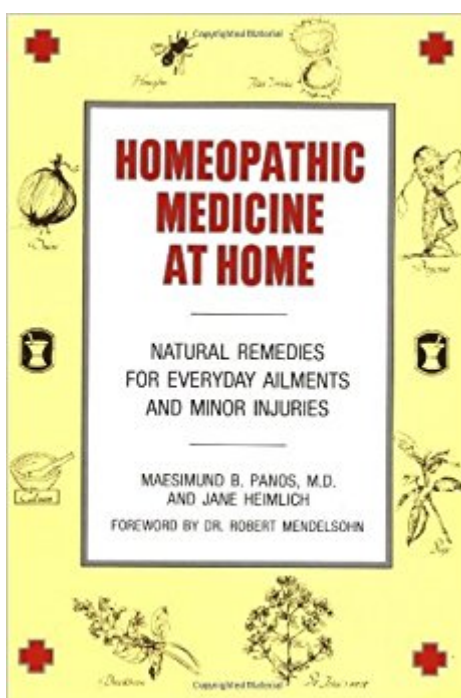


The book was found

Homeopathic Medicine At Home: Natural Remedies For Everyday Ailments And Minor Injuries



Synopsis

Homeopathic Medicine at Home This one-volume compendium of homeopathic information includes the history of homeopathy, an explanation of its principles, and advice on dosage. A full pharmacopoeia of natural remedies for common ailments and injuries, it also contains sections on homeopathy for children and pets. It covers the history and use of homeopathy in the home. It covers a wide variety of aspects of illness and homeopathy and chapters cover the following: What is Homeopathy? A Homeopathic Physician at Work Your Home Remedy Kit What to Do for Accidents In Case of Emergency How to Prevent and Treat Colds, Coughs and Earaches Remedies for Stomach and Bowel Problems A Happier Baby with Homeopathic Care Your Growing Child What Homeopathy Can Do for Women Keeping Your Pets Healthy Remedies and their Abbreviations Mini-Repertory Materia Medica

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Customer Reviews

"...a consumers' guide to treating minor ailments without drugs..." "New York Times" This is both a general introduction to and a manual of homeopathy...illustrated by examples from Panos' practice and clear enough for a novice to follow." "Kirkus Reviews" "Finally, a sensible substantial book about homeopathy. I've been using it in my family for years and have hoped that someone would write just this kind of common sense introduction.... With this book you can understand the principles, order your own remedies, and test the results." James Fadiman, Ph.D., Co-Evolution Quarterly "Homeopathic Medicine at Home is a great book that I use almost on a daily basis. I like this one as it's laid out in short, easy to read chapters, there are charts listing remedies,

symptoms and tips to help pick the remedy for each situation. • "Modern Hippie

Maesimund Banning Panos, M.D. (1912 - 1999) was an author, lecturer and homeopathic practitioner. After practicing homeopathic medicine in Washington, D.C. for many years she moved to Tipp City, Ohio where she founded The Woodward Foundation for Homeopathy.

Use it daily with small children and adults without having to take chemical based or harmful drugs. My children grew up on Homeopathic Meds and now, they use it for our grandchildren because they know it works without harming the children or themselves. Our book was so well-worn, it was time to replace it and also got a copy for our adult children to use with their children.

This is a very good basic book to have on hand. It has 11 chapters with titles such as: What is homeopathy? How to prevent and treat colds, coughs and earaches. What homeopathy can do for women. Most chapters have charts that help narrow down which remedy would be the best selection for a particular condition. (For example, there are several remedies that can help when you have a cold, however since the symptoms of a cold can vary, the chart can help you narrow down which remedy will be the most helpful based on your current symptoms.) The back has an Appendix that has 4 sections titled: Remedies and their abbreviations. Mini-repertory Materia Medica Pharmacies carrying homeopathic medicines. There are 287 pages, including the index, so even though this is a great basic book, it has a lot of information. I find that because of the way the book is arranged, it's very easy to find things quickly.

I have been studying homeopathy for 30 years & when I do not have time to fully repertorize an illness (which is almost NEVER these busy days) this book is my first resource. It seems to cover most acute illnesses & is especially good for treating colds, flu, stings, gas, teething problems, sore throats, etc.... I would like to see a better cross-referenced Index, but the numerous charts supplied somewhat make up for this short-coming - making it pretty easy to locate the problem/illness without too much difficulty. It also contains a nice little Materia Medica in the back -- so if you can't decide between several remedies this will help narrow the choice as it gives the specifics for the remedy as opposed to the main part of the book which gives the recommended remedies for the illness. I often back it up with Everybody's Guide to Homeopathic Medicines by Dana Ullman - but if I had to choose only one book to purchase I would go with the book I am reviewing. Another small short-coming of the book is it doesn't cover CELL SALTS as completely as needed (although, to be

fair, no "quick-guide" homeopathic book does - with any depth anyway). which is why I would recommend the companion book by Dr. Skye Weintraub: *Natural Healing with Cell Salts* . Personally, I have found cell salts to work extremely well in conjunction with homeopathic remedies. Even though I practice the principals of classical homeopathy (ONE remedy at a time - changing the remedy until you find the one that works, & change remedies as soon as symptoms change &/or the current remedy no longer works) I still like to combine a homeopathic remedy with a cell salt. (A good example here would be a fever with a flushed face: homeopathic remedy might be Belladonna, and add the cell salt - Ferr Phos.) Over-all I couldn't give the book 5 stars due to the inadequate Index and less-than-stellar coverage of CELL SALTS, but for my money, this is still a best-bet! If you are new to homeopathy I can not encourage you enough to pursue this wonderful means of natural healing! And if you are a Christian, I urge you NOT to get hung up on the aspect of energetic healing until you learn more about the principals. I am a Christian who have seen ignorant fellow-Christians shrink at the idea of homeopathics as if they were some kind of voodoo. This is simply a fear-driven response that hopefully will be re-evaluated. Anyone interested in pursuing the principals of healing through homeopathic medicine, more in-depth, would do well to purchase the book "The Science of Homeopathy" by George Vithoulkas and also get a *Materia Medica* by Boericke and a "Repertory" by J. T. Kent. You could also call your local naturopath & ask if they offer classes. Anyone can learn homeopathy. I began when my children were born and they never had to take antibiotics more than once throughout their entire childhoods. They are now all adults who practice homeopathy with their own families, and this is the first homeopathic book I gave them as a gift when they moved into their new homes (along with a basic supply of remedies). Good luck, and God bless.

I bought this book because I decided that having a physical reference book would be handy for the times that Google isn't -- camping trips with no cell signal for example. (Yes, there really are still places like that.) When it arrived I read it cover to cover. It starts off with a good base of what Homeopathy is (and isn't) then goes on to describe treatments in detail throughout each chapter. Despite the fact that I will probably Google remedies when the internet is available, I now have a better understanding of Homeopathy on which to base my choices. So, don't just buy it, read it too.

Excellent service, the book is like new. The contents are informative and everyone needs this information to save money, be healthy and not have to take harmful drugs. You owe it to yourself

and your family.

This book was my first purchase for practical help with homeopathy. It covers all the major illnesses and accidents. Each chapter has general advice, a listing of useful remedies and guiding symptoms, followed by a useful chart. Many reviewers don't seem to like the charts. I find them to be quite helpful. It is annoying that there are no page numbers on the chart pages. The end of the book has a mini materia medica and repertory. I bought the Boiron Family kit here at .Â Boiron HomeoFamily Kit, 32 Multi Dose/12 Unit Dose Osillococcinum! It contains most of the remedies mentioned in this book. With that kit and this book, you'll be ready to tackle illness and injury. It is interesting that one of the authors is the widow of the famous Dr. Heimlich. Since some of my family think homeopathy is nonsense, Heimlich lends some mainstream credibility. Not necessary for me, but could be useful when trying to convince a doubting spouse or family member.

Very much enjoy this book and bought a copy for my daughter! I recommend it as it was recommended to me by a friend when I was sick of my babies always getting ear infections and not having anything I could do to alleviate symptoms. I read it cover to cover and have used it as a reference for over 20 years! Thank you Dr. Panos!!!

My wife first purchased it about 25 years ago to help raise her children safely. Used it as a reference to take care of cuts, bruises and diaper rash. It got lost over the years and we decided to buy a new copy as we have renewed our interest in homeopathy. Would recommend to anyone interested in learning about homeopathic medicine.

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